

**Lesson : 1 (Talking to God)****A. Answer the questions:****1. How does God helps you ?**

God helps us in dangers, in studies etc.

**2. How can you feel the presence of God ?**

When we pray to God, he speaks to us in our heart.

**3. Why should you pray to God every day ?**

Because God listens our problems and solve our all problems.

**B. Fill in the blanks:****1. Prayer is talking to God.****2. God protects you from all dangers.****3. You can talk to God in prayer.****4. Before you go to bed, you must pray to God.****C. Write T for ‘true’ and F for ‘false’:****1. There is no fixed time to pray.**

T

**2. We should pray only when we are sad.**

F

**3. We should pray when we are sick.**

T

**4. We should ask God to bless us when we wake up.**

T

**5. We should always thank God.**

T

**Lesson : 2 (Our Duties at Home)****A. Answer the questions:****1. What can we do to keep our parents happy ?**

We must do little jobs to help them and obey them.

**2. How can we help our father ?**

We can help our father to clean the car or scooter.

**3. What can we do to make our family happy ?**

We should study hard and spend time with our grand parents.

**B. Fill in the blanks:****1. We must pray for our family members.****2. We must ask God to bless them all.****3. We should share the work in the house.****Lesson : 3 (Using God’s Gifts)****A. Answer the questions:****1. Who is the father of all ?**

God is the father of all.

**2. How will God be pleased ?**

God will be pleased if we share our gift with others.

**B. Fill in the blanks:**

1. Love your teacher and friends.
2. Thank God for your brain.
3. Use your heart to love everyone.

**Lesson : 4 (Healthy Food Habits)**

**A. Answer the questions:**

1. Why do we need food ?  
We need food to grow strong and healthy.
2. What type of food should we eat ?  
We should eat different kinds of food.
3. Which type of food protects you from diseases ?  
Milk, vegetables and fruits protects us from diseases.

**B. Fill in the blanks:**

1. Everybody needs food.
2. Food gives us energy for work and play.
3. Junk food is also called fast food.
4. Eating too much us sick.

**C. Write T for 'true' and F for 'false':**

1. Everybody needs food. T
2. Eating too much gives us very good health. F
3. We should eat different kinds of food. T
4. We should eat food very fast. F

**D. Answer the following in one word:**

- Which is your favourite food ? Rice
- What did you eat in breakfast today ? Bread and milk
- What did you eat in dinner last night ? Dal and chapatti
- Which is your favourite fruit ? Mango
- I drank 3 glasses of milk today.
- What is your favourite drink ? Milk
- The food that you dislike ? Maggie
- Do you drink tea or coffee ? Tea
- How often do you eat in restaurant ? Sometimes
- How often do you eat fruits ? Daily
- How often do you eat vegetables ? Daily
- How often do you eat sweets ? Sometimes
- How often do you eat Chips or chocolate ? Sometimes

## Lesson : 5 (Keeping Clean)

### A. Answer these questions:

1. Why should keep your body clean ?

We should keep our body clean to be healthy.

2. What do you use to keep your body clean ?

We use soap and water to clean our body.

3. Why should you keep your classroom clean ?

Because it makes the classroom looks neat and tidy.

### B. Write T for 'True' and F for 'False' :

1. Cleanliness give us happiness. T

2. Dirty children look ugly. F

3. Toothpaste keeps our teeth and gums healthy. T

4. Everybody likes clean children. F

### C. Mention three things you can do to keep your classroom clean:

1. Always through the pencil field in the dustbin.

2. Never tear the paper.

3. Keep your things in proper place.

## Lesson : 6 (Our Helpers)

### A. Answer the following questions:

1. Who stitches our clothes ?

Tailor

2. Who repairs our shoes ?

Cobbler

3. Who cuts our hair ?

Barber

4. Who takes care of out garden ?

Gardner

### B. Fill in the blanks

1. The barber cuts our hair.

2. The cobbler repairs our shoes.

3. The policeman protects us from thieves.

### C. Write T for 'True' and F for 'False' :

1. The gardener takes care of our house. F

2. The washerman washes our dirty clothes. T

3. The peon drives our school bus. F

4. The sweeper cleans our houses and roads. T

## ACTIVITY

Hello uncle. Have you came to repair our leaking tap ?



Hello uncle. Have you washed our clothes? You are looking tired. Please, have some water.



Hey ! Hurry up and clean the premises or I will beat you.

Hello uncle. Thank you for repairing my shoes.

**Lesson : 7 (Sharing is Joy)**

**A. Answer the following questions:**

**1. What are the things that you can share with your friends ?**

Books, pencils, water, food, knowledge etc.

**2. How do you feel when you share things with others ?**

We feel Happy.

**B. Fill in the blanks:**

**1. Share your books with your friends.**

**2. Eating together is joyful.**

**3. Sharing is the habit of generous people.**

**C. Name five things you share with your friends in school:**

**1. Books**

**2. Pencils**

**3. Water**

**4. Food**

**5. Knowledge**